



भारत सरकार
स्वास्थ्य एवं परिवार कल्याण मंत्रालय
निर्माण भवन, नई दिल्ली - 110011
Government of India

Ministry of Health & Family Welfare
Nirman Bhavan, New Delhi - 110011

Dr. Manohar Agnani, IAS

Joint Secretary

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D.O No: Z-18015/20/2018-NHM-II

Dated the 28th January 2019

Dear Sir,

As you are aware, ensuring Wellness and Health Promotion through Yoga is one of the key activities to be implemented at the Health and Wellness Centres. Few States have already commenced encouraging work in this regard. To further facilitate integration of Yoga as an intervention for health promotion at HWCs, you may provide incentive/honorarium for Yoga Instructors at HWCs (including Sub Centres, PHCs and UPHCs) @ 2500/month/HWC for at least ten Community Yoga Sessions in a month and include the same in the NHM PIP under F.M.R 9.5.27.4.

You may coordinate with the Department of AYUSH at State level for implementing the Yoga interventions. State wise lists of Yoga Instructors (Certified as Level I Yoga Professionals) and Yoga Teachers (Certified as Level II Yoga Professionals) certified by the Yoga Certification Board, as provided by the Ministry of AYUSH are enclosed for your ready reference. Further, a list of Universities/Institutes offering Yoga courses is also enclosed.

with kind regards,

Yours sincerely,

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28/01/2019

(Dr Manohar Agnani)

(Encl: As stated) *being sent by email*

Addl Chief Secretary/Principal Secretary/Secretary (Health) of all the States/UTs

Copy to:-

Mission Director, NHM of all the States/UTs